

72 hours in the region



**Thrill-seeking adventure awaits  
in Aberdeenshire**

## In this itinerary:

### Day one:

- Hillwalking in the Cairngorms
- Wild swimming
- Dinner at Balmoral Arms, Ballater

### Day two:

- Mountain biking across the Cairngorms and Royal Deeside
- Dinner at Clachan Grill, Ballater

### Day three:

- Paddleboarding grand tour in Stonehaven
- Wood-fired sauna session
- Dinner at Seafood Bothy or Tolbooth Restaurant

## Accommodation:

### Day one & two:

- Cairngorm Bothies

### Day three:

- Bayview Apartments



## HILLWALKING

📍 [Lochnagar](#)

Situated in the stunning estate of Balmoral in Ballater, Lochnagar is one of the most celebrated Munros. Its most splendid feature being the great North-east corrie. With spectacular views, Lochnagar dominates Deeside.

Lochnagar is one of five Munros that forms a horseshoe around Loch Muick - if you are an experienced walker and you feel like challenging yourself all five are doable in one day!

Why not pack a picnic? It's certainly a meal with a view!

## WILD SWIMMING

📍 [Loch Muick](#)

After a long day of walking and breaking a sweat we recommend finishing your day with a cold-water dip.

Be responsible and take care when doing so.

## DINNER

📍 [Balmoral Arms](#)

After a day on the hills, sample the true taste of Scotland with only the finest local produce.

From the Ghillies Bar for a sample of local ales to hearty dishes at the 1845, Balmoral Arms is a winner amongst visitors. Finish your evening snuggled up on the sofa with a dram.

## ACCOMMODATION

📍 [Cairngorm Bothies, Aboyne](#)

Beautifully situated in an unspoilt area of a Scottish Highland Estate; each bothy provides comfortable, self-catering accommodation, allowing you to escape from the hustle and bustle and revitalise. With plenty of shops near by you can stock up for breakfasts and lunches.

## **MOUNTAIN BIKING**

📍 Multiple locations

After a chilled morning at the lodges it's time to get the blood pumping. No matter your abilities, there are trails for everyone! Taking you from winding paths through historic landmark locations to enduring routes through forestry and mountainous landscapes.

We recommend Tarland Trails (Drummy Woods or Pittenderich), Ballater Circular Route or Cambus O'May.

Each trail is just a short drive from your accommodation, giving you a full day of shredding!

## **DINNER**

📍 Clachan Grill

This Deeside favourite provides a tranquil and comfortable dining atmosphere right along the River Dee.

With stunning views, cosy dining and quality Scottish fare it's the perfect way to end a busy day. Why not rest those muscles with a tippie at their newly renovated bar before heading back to the bothies for a peaceful sleep.



## **PADDLEBOARDING**

📍 [Stonehaven Harbour](#)

Your last day of activities will start with a journey to the coast! So grab your car snacks, you're having lunch on the road.

The ultimate paddleboarding tour will take you on a truly spectacular trip through hidden waterfalls, coves, caves and the astonishing cliffs of RSPB Fowlsheugh Nature Reserve.

Your time will be filled with magical views of not only the surrounding scenery but seabirds, seals, dolphins and minke whales if you're lucky!

End the trip with an adrenaline rushing taxi boat back to the harbour.

## **ACCOMMODATION**

📍 [Bayview Apartments](#)

With stunning beach front views from your private balcony, it is the perfect place to sit back and unwind after your action-packed trip.

Watch the sun set over the coast with your loved ones before heading home.

## **WOOD-FIRED SAUNA**

📍 [Stonehaven Harbour](#)

Finish off with an Estonian style wood-fired sauna in a converted horse box.

The soothing scents and burning heat will leave your body and mind with a new sense of energy due to the flushing of toxins and muscle tension relief.

## **DINNER**

📍 [Seafood Bothy or Tolbooth Restaurant](#)

If you are looking for a more laidback dining experience, head on over to Seafood Bothy where you can fill up on the freshest seafood. Think mouth-watering lobster rolls and crab meat wraps.

Or fancying some fine dining? Head to Tolbooth Restaurant, one of Stonehaven's newly renovated eateries. With its eclectic menu, it's sure to tantalise the tastebuds.